

## RECAP

Last week, Brian talked about maturity and living in love which gives us a platform for sharing the truth.

**Were you able to prayerfully consider how truth can be demonstrated and communicated to those you disagree with? What did that practically look like for you?**

## IDEA 1

**What stirred in you—what reaction did you have—as Rob read Ephesians 5:1-14 out loud?**

**Why do you think that was how you responded?**

## IDEA 2

**How would you describe the difference between behavior modification and authentic transformation?**

Our invitation is not to behavior modification, but rather a renewed living that releases peace!

Rob described three ways we can flourish in renewed living:

Live in Love

Live in Light

Live in Holy Spirit's Power

**In your own words, how would you describe each of those?**

**What do they look like in your life?**

**How does knowing you have Holy Spirit power in you encourage you on your journey?**

## EXPERIENCING GOD TOGETHER

### Group Devotional Reading

As you finish your discussion on the sermon, take some time to read Ephesians 5:1-14 out loud. As someone slowly reads it, have each member listen for a word or phrase God highlights for them. Consider having one or two people share what God is highlighting. Then, spend a few minutes in prayerful thanksgiving.

If you would like to engage with this passage in a deeper way throughout the week, you could use the [Weekly Audio Reflection](#) on our website.

## PRACTICE THIS WEEK

This week take some time each day to invite more of Holy Spirit's transforming power into your life. You may want to consider praying this simple breath prayer each morning:

Holy Spirit, fill me with your power today. May my life look more like Christ today than yesterday as you continue to transform me.

If you notice yourself falling back into behavior modification, take time to pause and remember the truth about who you are in Christ.