## RECAP

How were you able to engage with God through holy imagination this week?

## IDEA 1

In this week's Bluey episode, Sticky Gecko, Mum is trying to quickly get out the door with Bluey and Bingo. They're going to a playdate. It's the typical, "Come on kids, we have to go! If we don't get a move-on, we'll be late. Out the door in one minute!" Mum is "here," very ready to get "there" to the playdate.

Can you think of a situation in your life where you're HERE wanting to get THERE but it's not easy...or fast?

What feelings bubble to the surface in the waiting?

## IDEA 2

Waiting, being delayed, and slowing down gives us opportunities to notice and invite Jesus in.

What could it look like in your life to invite Jesus in to those times of waiting and the heavy feelings that go along with it?

Ultimately, the Israelites got to their home (and Bluey made it to the playdate), but we're not necessarily guaranteed to always get there. God hasn't promised us a Jericho. We're not promised wealth and health, a certain family or job status.

In the hurry up and wait, what promise can we cling to?

What thoughts or feelings come to mind as you think about the fact that waiting is not wasted time because we get to be with Him?

## SPIRITUAL PRACTICE

Take some time in your group to notice and invite Jesus into a place of waiting in your life.

Create a space of quiet and prompt the group to pause and notice what is happening within them as they think about their place of waiting.

Pausing provides space to recognize those heavy emotions that might be simmering under the surface when "getting there" isn't happening like we want.

Then take some time and prompt them to invite Jesus into that space of waiting. He loves hearing what you're thinking, feeling, and processing-anything!

You may want to open it up to the group to share what that process was like for them and then end the time with prayerful thanksgiving.

NEXT STEPS

In the moments of waiting your find yourself in this week: at the grocery store or gas station, for kids to get out of the house, for the weekend, etc. take time to notice and invite Jesus into the waiting.

Remember waiting is not wasted time because we get to be with Him.

Take time to notice His presence and spend time with Him.

