

## INTRO

If you could ask Jesus one question, what would it be?

## IDEA 1

Rob's sermon focused on Life with Jesus.

*"Life with Jesus is our listening and responding to our Creator God. It is the experiential and relational component of our faith with our Father, with Jesus and Holy Spirit."*

He highlighted the fact that each of us are in a different place in our journey of life with Jesus:

- Some of us are hungry for more
- Some of us are bored
- Some of us are simply searching, having not yet placed our allegiance in this King Jesus.
- Some of us are striving - we've been chasing so hard after the disciplines that they have become the focus themselves.

**Do one of the phrases above describe how you are feeling about your journey with Jesus?  
What other words or phrases that come to mind?**

## IDEA 2

Rob explored the "why" behind doing life with Jesus. He shared a number of "Life with Jesus because..." statements listed below:

Life with Jesus because...

- You were created to know Him
- Being transformed into His image is the goal
- When you see His face it is both awe inspiring and comforting
- When you encounter His power it deepens belief
- Beholding the one who laid down His life for you and me inspires humility, service and worship

## IDEA 2

**What is your response to the idea that we were created to know Jesus and can share in the same love and intimacy that He shared with His Father?**

**Why do you think being transformed into the image of Jesus is so central to our life with Him? How does the act of beholding who Jesus is help transform us into His image?**

**Can you think of a time when you've been in awe of who Jesus is? Describe what that was like.**

**Has there ever been a time where you've sensed his closeness and comfort? Describe what that was like.**

**How have these encounters deepened your belief in Jesus?**

## SPIRITUAL PRACTICE

Spend time beholding Jesus together. Here are a couple options you may find helpful to do so:

**Read Psalm 46 out loud together.** After reading, spend time in quiet response, being still before God and allowing space for Him to speak to you. Write down words or phrases that God is highlighting to you in the psalm. Give space for people to share what God is revealing about himself with each other.

**Choose a worship song to listen to together.** Take time to simply enjoy being in God's presence.

## NEXT STEPS

Rob heard the words "Expand your Expectations" as he was preparing for the sermon. Consider turning this phrase into a breath prayer (a short, memorable phrase that turns your attention to God) this week as you seek to do life with Jesus.

**"Jesus, expand my expectations of life with you."**

Pay attention for Jesus' response.