

## RECAP

**How were you able to put the spiritual practices of generosity, engaging in spiritual community, and/or over-familiarizing yourself with the Sermon on the Mount into practice this week as you processed allegiance?**

**How did Holy Spirit meet you as you practiced them?**

## IDEA 1

Last week Steve highlighted a helpful acronym for seeking first the Kingdom of God: AIM

A - Allegiance

I - Integration

M - Mission

This week Steve focused on the second letter of AIM: Integration.

By using the story of the two builders, Jesus revealed that in order to have a place in the Kingdom you not only have to listen and know His teachings, you need to put them into practice—to integrate them into your life.

**What does integrating Jesus' teachings look like in your life?**

**How do you find integration to be challenging?**

**How do you find it to be exciting and life giving?**

**What are the dangers of not integrating the teachings of Jesus into your life?**

## IDEA 2

Steve reminded us that becoming a disciple—accepting Jesus—is just the beginning of our discipleship journey and we need to be always integrating what Jesus is teaching.

**How has your discipleship journey grown from when you accepted Christ to what He is doing in you and through you today? Share your stories with your group.**

## SPIRITUAL PRACTICE

Steve gave a very practical spiritual practice for this week: **Over-familiarize yourself with the teachings of Jesus and put them into practice**

A place to start may be to use Matthew 7:24-29:

*“Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock. Though the rain comes in torrents and the floodwaters rise and the winds beat against that house, it won’t collapse because it is built on bedrock. But anyone who hears my teaching and doesn’t obey it is foolish, like a person who builds a house on sand. When the rains and floods come and the winds beat against that house, it will collapse with a mighty crash.” When Jesus had finished saying these things, the crowds were amazed at his teaching, for he taught with real authority—quite unlike their teachers of religious law.*

In order to over-familiarize yourself with this teaching, use it in multiple ways this week. Here are some ideas for how this could look:

- Read it out loud in your group several times, pause after each time to notice what sticks out to you.
- Write it out multiple times and put it in places where you will see it often.
- Try memorizing it.
- If you have kids, consider learning one of the children’s songs that share this story or another of Jesus’ teachings.
- Share what you are learning from it with a friend.

## APPLICATION

Prayerfully consider how God is asking you to put one of His teachings into practice this week. Talk with your group about the teaching or teachings that you want to work on integrating.

With the help of Holy Spirit, take steps to do so.