

September 18-24

Word of the Week: Unseen

A final word: Be strong in the Lord and in his mighty power. Put on all of God's armor so that you will be able to stand firm against all strategies of the devil. For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places. Ephesians 6:10-12

### **Pause 1 - Intimacy**

God, I want to know you. Will you reveal yourself more deeply to me?

Start your day with this prayer:

God, you are mighty and powerful. As I wait on you today, would you remind me of your strength?

God, as I head into this day, I ask for discernment. I ask for eyes to see beyond the flesh and blood interactions and into the true battle that is being fought.

God, as I head into this day, would you help me get dressed with the armor that you have given me so that I can stand first against all strategies of the devil.

### **Pause 2 – Incarnation**

God, we want others to know you. Will you shine through your church so those around us are drawn to you?

Pause in the middle of your day. Stop to remember the armor that you are wearing.

God, as I think about the interactions in this day, what are the unseen things that you are asking me to be aware of?

God, show me how to engage in this unseen battle in *your* strength and *your* power.

### **Pause 3 – Intercession**

God, I have personal longings and concerns. Will you hear my heart and respond to my requests?

Towards the end of your day, take a short pause to be quiet in God's Presence.

God, as we look back over the day together, would you continue to reveal the ways that you were at work in the unseen world? Were there times when I got distracted by the flesh and blood and missed out on what was really going on? I bring all of these moments to you and ask for your discernment to continue to grow in me.