

## November 30, December 1

“From Battle To Rest”

Matthew 11:28–30

Message by Jennifer Roth

Worship led by Noah Reed

Music:

O Holy Night	King Of Kings	Cornerstone
Silent Night	What A Beautiful Name	

Sermon:

True rest comes from knowing who is responsible for the outcome.

Omniscient—all knowing

Omnipotent—all powerful

Omnipresent—all present

Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.

Matthew 11:28-30

But now the LORD my God has given me rest on every side, and there is no adversary or disaster.

1 Kings 5:3-4 (NIV)

In the last days...they will hammer their swords into plowshares and their spears into pruning hooks. Nation will no longer fight against nation, nor train for war anymore.

Isaiah 2:4

For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Ephesians 6:12

Then Jesus said, “Come to me all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart,

and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.”

Matthew 11:28-30

Rest does not depend on our external circumstances, but on our internal reality.

Create space to physically rest.

Release the burden of responsibility.

Pick your battles.

Live in the "It is finished."