

# Choices.

Decisions that shape the soul



## PSALM 37:8

Refrain from anger, and forsake wrath! Don't get so worked up; it tends only to evil.



## EPHESIANS 4:31

Get rid of all bitterness and wrath and anger and clamor and slander, along with all malice.



## PROVERBS 12:16

A fool shows his annoyance at once, but a prudent man overlooks an insult.



## PROVERBS 19:11

A man's wisdom gives him patience; it is to his glory to overlook an offense.



# OVERLOOKING AN OFFENSE

It is the ability to shrug off disappointments, disagreements, and insults with an absence of a brooding hypersensitivity. It is the capacity to stifle a hot, emotional counter-attack and to sleep on an insult.



“He who opposes his shield to the enemy with his left hand, thereby hides his left eye, and looks at his enemy with his right eye; he therefore, who plucks out that right eye, makes men useless in war.

THEODORET”



“A puritan is a person who pours righteous indignation  
into the wrong things.

G. K. CHESTERTON”



# WHAT IS RIGHTEOUS ANGER?

Righteous anger is a response to actual sin.

Righteous anger primarily focuses on how people offend God and His name, not me and my name.

Righteous anger is not an excuse to sin by embracing attitudes and behavior that are unlike Jesus.



## EPHESIANS. 4:26

Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.



**Am I angry? If so, why?**

**Choices.**



**#salemalliance**



**Am I being silent when I shouldn't be?**

**Choices.**



**#salemalliance**



**Am I making a lot of noise when what I really need to do is let it go?**

**Choices.**



**#salemalliance**