

# choices.

Decisions that shape the soul

Choices.



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## **PSALM 90:12**

**"Teach us to realize the brevity of life, so that we may grow in wisdom."**

**Choices.**



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## PSALM 32:3-4

**"When I refused to confess my sin, my body wasted away, and I groaned all day long. Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat."**

**Choices.**



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## PSALM 32:5

**"When I refused to confess my sin, my body wasted away, and I groaned all day long. Day and night your hand of discipline was heavy on me. My strength evaporated like water in the summer heat."**

**Choices.**



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**Perfectionism is a self destructive and addictive belief system that fuels this primary thought: If I look perfect, and do everything perfectly, I can avoid or minimize the painful feelings of shame, judgment, and blame.**

**Brene Brown**

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**“ Then I will know that I am not a bum...**

**Rocky Balboa ”**

**Choices.**



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“

**I will raise my eyes and look down that corridor; 4 feet wide, with 10 lonely seconds to justify my whole existence. But WILL I?**

**Chariots of Fire**”

**Choices.**



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Now I have got the verdict that I am somebody. But the next day, I realize that unless I keep going, I am not. My ego cannot be satisfied. My sense of self, my desire for self-worth, my need to be sure I am somebody – it is not fulfilled. I keep thinking I have won it from what people have said about me and what the magazines and newspapers have written. But the next day, I have to go and look somewhere else. Why? Because my ego is insatiable. It's a black hole...

Madonna

Choices.



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Choices.



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**“The promises of God are not anchored to our behavior, but they are anchored to the grace and character of the One who made that promise.”**

**Andy Stanley**

**Choices.**



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**“Oh would to God that I had never reigned, oh that those years I have spent in my kingdom I had lived a solitary life in the wilderness. Oh that I had lived a solitary life with God! How much more securely should I now have died! How much more confidently should I have gone to the throne of God. What does all my glory profit me, but that I have so much the more torment in my death!”**

**Philip the 3rd of Spain**

**Choices.**



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# Worship – It's not about me

Choices.



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**Worship – It's not about me**

**Motives Matter – Examine our heart**

**Choices.**



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**Worship – It's not about me**

**Motives Matter – Examine our heart**

**Help – We can't do it on our own**

**Choices.**



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Choices.



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