## August 18,19 2018

"Anger" Ephesians 4:26-27

Message by Ben Nanke Worship led by Jeff Brown

Music:

| Brighter          | Нарру Day       | Who You Say I Am |
|-------------------|-----------------|------------------|
| O Praise The Name | Lord I Need You |                  |

Sermon:

How is anger a gift?

What do I do with my anger?

"And 'don't sin by letting anger control you.' Don't let the sun go down while you are still angry, for anger gives a foothold to the devil."

Ephesians 4:26-27

Be angry and do not sin.

Righteous anger gets angry about actual sin, not matters of preference.

Righteous anger remembers God's big picture.

Do not let the sun go down on your anger.

"Make sure that no one falls short of the grace of God and that no root of bitterness springs up, causing trouble and defiling many."

Hebrews 12:15

When I'm obsessed with justice and accuracy and I have a case file in my brain full of evidence.

When I'm having fantasy conversations with someone who has hurt me.

When deep down, if I'm honest, I don't plan to forgive someone.

Do not give the Devil an opportunity.

Instead of having fantasy conversations, have real ones.

Empty the case file.

Release your anger at yourself.