High Quest Discipleship Tools (Men on a Mission Tracks I, II, III)
   Format: 12-week workbooks that include small group tools  
   Audience: Men interested in spending a few minutes a day in scripture and able to meet weekly with a small group of other men.  
   Description: High Quest is a series of tools to help men meet with God in the Scripture, listen to his voice, reflect on what they hear, and share that journey with a few others. Years of piloting and use of the Tools have resulted in more than 20 High Quest Discipleship Groups at Salem Alliance and continues to equip future leaders, mentors and participants.  
   Recommended First Year Series: His Works, His Image, His Commission with option of following Track I: His Works, His Ways, His Glory.  
   Get: Salem Alliance Pursuits Bookstore or http://www.highquest.info  
   Contact: Joe Broeker joebroeker@gmail.com (503) 362-9100

Stepping Up: Authentic Manhood  
   Format: 10 thirty minute videos and separate workbook  
   Audience: Men seeking to understand their biblical roles and responsibilities they have to fulfill those roles.  
   Description: Dennis Rainey, along with James MacDonald, Robert Lewis, and Crawford Loritts, unpack what biblical manhood looks like and what it means to be a godly, courageous man in today’s world. They show men what it means to lead at home, at work, and in the community. They discuss why men need the accountability of other men on the journey of manhood and explain why being passive is not an option.  
   Get: 1 shared copy of the videos. Workbooks http://mensteppingup.com  
   Contact: Mike Jared mjared@salemalliance.org (503) 581-2129

Men’s Fraternity: Authentic Manhood  
   Audience: Men intent on exploring authentic manhood and the critical issues they face in the lifelong quest at home and at work.  
   Description: Dr. Robert Lewis has taught this through video series and workbooks in three one-year-long series: The Quest for Authentic Manhood, Winning at Work and Home, and The Great Adventure. Weekly commitment asks for a commitment not all would be up to, but those who see any, or all, of the sequential series will benefit from their time.  
   Get: Videos and workbooks online http://www.mensfraternity.com  
   Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

Men’s Fraternity: 33 The Series  
   Format: DVD and participant’s guide.  
   Audience: Primary: Men who are ready for a serious commitment to invest in aligning their lives to reflect God’s purposes.  
   Description: This series is recently coming out, deriving its title from the 33 years Christ was on earth. It is packaged in a more contemporary format

For additional small men’s group support contact:  
   • Roy Brand roy.g.brand1@gmail.com (971) 209-8999 or  
   • LeRoy Hedberg hedbergaa@yahoo.com (503) 508-6541
with study material and DVD, building on the precepts of Authentic Manhood, with some additional new material and three new presenters. It has been proofed by one of the DLC and introductory videos reviewed by another. The materials are projected to be in continuous production.
Get: Materials available online at http://mensfraternity.com/33_the_series
Contact: Scott Willis jscottwillis@msn.com (503) 990-9707

The Measure of a Man: Revised and Expanded Version
Gene Getz; C. 2004
Format: Paperback, Audio CD, etc., and eBook
Audience: Adult men of any age who are motivated to develop their character in Christ.
Description: This resource came on the scene 37 years ago and has recently been revised. His material unpacks 20 Biblical guidelines drawn from Paul’s epistles to Timothy and Titus, with an emphasis of life application and encouragement. Topics include becoming a faithful an, building a good reputation, maintaining moral purity, etc. It is a respectable resource for a men’s study group.
Get: Online Book Store
Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

The Every Man Series Bible Studies
Stephen Arterburn, Kenny Luck, and/or Todd Wendorff
Format: Paperback booklet
Audience: Suitable to the interest/relevance of participant men
Description: Authors are from Rick Warren’s Saddleback Church. They offer eight-session Bible Studies that appear to lend themselves to reflection and participation by men with a variety of relevant subjects.
Being God’s Man by Claiming Your Freedom
Being God’s Man in the Face of Temptation
Being God’s Man in Leading a Family
Being God’s Man by Standing Firm under Pressure
Being God’s Man in Tough Times
Being God’s Man by Resisting the World
Every Man’s Challenge: How Far Are You Willing to Go for God?
Being God’s Man as a Satisfied Single
Get: Online Book Store
Contact: Randy Green rgreen@mvcounseling.com

The Man God Uses: Moved from the Ordinary to the Extraordinary
Henry Blackaby c. 1998
Format: Paperback workbook
Audience: Men
Brief description: (From Christianbooks.com: This is a Bible study for men that is designed to provide spiritual direction and encouragement.
God is touching men all over our country, and men who have encountered God need to understand what He is doing in their lives and what their lives can mean when turned over to God. This seven session, interactive study of Scripture clearly shows how response should be in their personal lives,

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families, work, church, and community.) Session Topics Include:
Week 1: The Character of the Man God Uses
Week 2: How God Shapes a Man
Week 3: God's Refining Process
Week 4: The Godly Man's response to God
Week 5: Made for Times of Crisis
Week 6: Being a Kingdom Citizen
Week 7: On Mission with God in Our World
Get: Online Book Store
Contact: Randy Green rgreen@mvcounseling.com

Wild at Heart: Discovering the Secrets of a Man’s Soul (Revised and Updated)
John Eldredge
Format: There is a book, DVD and participant’s guide.
http://ransomedheart.com
Audience: Primary: Men who may be searching for a reaffirmation of the legitimate calling to live something other than a second-hand life. It does not have an emphasis on male chauvinism or disrespect for women. It is not a substitute for a regular HQ or Bible Study.
Brief description: This is a book without strong scriptural integration that focuses on the need to recapture lost parts of one’s masculinity, addressing such issues as woundedness from a man’s past, losing our way in a world that might undermine the legitimate contribution a man is called to make, and the importance of living life as an adventure.
Get: Salem Alliance Pursuits Bookstore or Online Book Store
Contact: Kevin Boyles kevin@sassyonion.com

Fathered by God
John Eldredge. c. 2009
Format: There is a book, DVD and participant’s guide.
Audience: This is exclusively for guys, and does a decent job of affirming one's identity in Christ, regardless of our experience with earthly fathers.
Brief description: This book focuses on the masculine journey and that our true identity as a man is found in our relationship with God and that through various stages of the masculine journey and roles to be mastered, such as Boyhood, Cowboy, Warrior, Lover, King and Sage.
Get: Online Book Store (Free download of book study guide)
Contact: Randy Green rgreen@mvcounseling.com

The Mentor Leader, Secrets to Building People and Teams that win
Tony Dungy @ 2010
Format: Book.
Audience: Those interested in mentoring others.
Brief description: A reasonable book about the process of mentoring others and characteristics related to a mature relationship. As a Christian, there are references to Christ and Scripture, but it is mainly a book on equipping the mentor.
Get: Online book store
Contact: Drew Hinds drewhinds@gmail.com (503) 871-2820

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- LeRoy Hedberg hedbergaa@yahoo.com (503) 508-6541
Disciplines of a Godly Man
Kent Huges c. 2006
Format: Book with print workbooks available through Mel Wiggers
Audience: Men with established understanding of scripture that are seeking to establish discipline in their lives and in their walk with Christ.
Description: This book provides an detailed outline of disciplines in relationships, soul, character, ministry and their application in purity, marriage, fatherhood, friendship, mind, devotion in prayer and worship.
Get: Online book store - Print workbooks available from Mel Wiggers
Contact: Mel Wiggers melwiggers@gmail.com (503) 589-4618

Wooden, Pyramid of Success
John Wooden and Jay Carty, c. 2005
Format: Book
Audience: With the sports application, this could appeal to any disciple.
Description: Characteristics and traits leading to significance in a coach’s career. Each of the 32 daily readings takes an in-depth look at a single block of the pyramid, which when combined with the other blocks forms the structure of the pyramid of success. The questions utilize scriptures relating to the principles at the end of each chapter study and can effectively be covered by a group within a setting of one hour.

Quiet Strength
Tony Dungy c. 2007.
Format: Book and workbook and DVD are available via Amazon.
Audience: Primarily young men who might be drawn by the mix of a Christian coach and Bible Study on developing a game plan, identifying God-given strength, defining success, the true basis for one’s security and becoming a man who leaves a legacy.
Brief description: This book flows out of Tony Dungy’s life story and can be attractive to men developing character qualities in the midst of trials and becoming the man God is shaping one to be. There is a six-session Bible study to accompany it.

Dare to be Uncommon:
Tony Dungy; c. 2008.
Format: A book, a Men’s Bible Study, and a DVD are available via Amazon.
Audience: Primarily young men who might be drawn by the mix of a Christian coach and Bible Study on developing a game plan, identifying God-given strength, defining success, the true basis for one’s security and becoming a man who leaves a legacy.
Description: A Bible study with plenty of scriptural integration around a theme similar to those in Quiet Strength. This seven-session series addresses topics like strengthening one’s core, relating with intentionality to others, developing potential, mission that matters, influence over image and living one’s faith.
Get: Through Joe Broeker (discounted price) or online book store
Walking With God
John Eldredge. c. 2008
Format: There is a book, DVD, and Leader’s Guide.
Audience: This material is for men or women.
Brief description: This book focuses on a closer relationship with God, teaching believers to actually learn to pray and hear Him speak by quieting our hearts and minds and listening for His voice. Author teaches intentional Christianity through closer relationship with Christ, letting God lead us daily on this Christian journey. There is a Leaders Guide and DVD with 12 segments, 10 minutes each featuring insight from Eldredge. The book covers many real life journey experiences of Eldredge as he learned to hear the voice of God and follow him closer.
Book and video are available from Amazon, etc.
Contact: Scott Willis jscottwillis@msn.com (503) 990-9707

Counterfeit Gods
Timothy Keller; c. 2009.
Format: A book that offers great insight to the areas in which all of us are vulnerable, and with which many of us struggle. To what or whom to we go for satisfaction, security and/or significance? There is where we find our “god,” even if we genuinely profess our faith in God. The chapters have many Bible references but it is essentially a relevant book for those interested in growing in putting on more armor against the world’s principle hooks of the lust of the eyes, the lust of the flesh and/or the boastful pride of life. There is no workbook or DVD to accompany it. Book is available from Amazon, etc.
Audience: All ages.